

# Child Studies 11

*Foundational Outcomes*

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# Child Studies 11

## Unit Outcomes

Students will be expected to

1. demonstrate knowledge of parenting and family relationships
2. demonstrate knowledge and understanding of human development
3. demonstrate knowledge of the needs of and care for infants and children
4. demonstrate knowledge of interacting with infants and children
5. demonstrate knowledge of community connections that support the care and welfare of children
6. demonstrate knowledge of career opportunities related to the care and welfare of children
8. identify and research local and global strategies that support the care and welfare of children locally and globally

## Unit 1: Parenting in Canada

- 1.1 identify the reasons for and methods of studying children
- 1.3 describe personal, psychological, physical, financial, and philosophical readiness for parenting
- 1.4 analyze the impact of individual choices of choosing to parent or not to parent
- 1.6 differentiate between various contraceptive options
- 1.9 describe and explain parenting roles, responsibilities, and challenges experienced by caregivers and extended family
- 1.10 reflect on the influence of family, caregivers, and community on the development of children

## Unit 2: Beginning of Parenthood

- 2.1 describe the male and female reproductive systems and the process by which fertilization takes place
- 2.3 identify the role of medical technology and its impact on human reproduction
- 2.4 identify and describe the phases of fetal development
- 2.5 describe the maternal changes during the three trimesters of pregnancy and the importance of prenatal health
- 2.6 describe the processes of labour and delivery

## Unit 3: Human Growth and Development

- 3.1 identify the characteristics and areas of human growth and development
- 3.3 identify appropriate and inappropriate caregiving behaviours that influence growth and development
- 3.4 describe the care for the newborn with emphasis on feeding, personal care, and initial bonding

- 3.6 explain the methods of caregiving and nurturing infants during the first year of life and stimulating their physical, emotional, intellectual, and social development
- 3.7 identify caregiving behaviours that promote a healthy and nurturing environment
- 3.9 identify effective techniques for encouraging appropriate behaviour and effective ways to handle misbehaviour in children
- 3.10 identify reliable resources for parenting information
- 3.11 recommend food choices and physical activities that promote healthy development for infants and young children

#### Unit 4: Relationships with Children

- 4.1 identify and demonstrate effective communication skills to create healthy parenting/caregiving relationships with children
- 4.2 demonstrate effective communication skills appropriate for resolving conflicts
- 4.3 define, describe, and explain how play enhances the development of infants and preschool children
- 4.4 identify types and stages of play
- 4.5 categorize play activities, toys, and games according to an infant/preschool child's stage of development
- 4.6 demonstrate how caregivers can use art, drama, literacy, media, music, and play to support children's growth and development

#### Unit 5: Community Connections

- 5.1 research cultural differences related to early childhood development and parenting
- 5.3 identify the care requirements of children with special needs
- 5.5 identify and describe the attributes of quality daycare

#### Unit 6: Career Connections

- 6.1 research careers that provide services for infants, children, and families
- 6.2 identify how to develop skills that would contribute to working successfully with children

#### Unit 8: Global Connections

- 8.1 investigate global issues relating to the health and wellness of children around the world
- 8.2 identify national and international supports for child welfare