Physical Education: Leadership 12

Outcomes

NOVA SCOTIA
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Physical Education Leadership 12

Students will be expected to

Module 1: Defining Leadership

1.1 demonstrate an understanding of positive and effective leadership through leading physically active experiences in micro-teaching* settings among peers and/or during Module 3
1.2 apply and critique various leadership skills through leading physically active experiences in micro-teaching settings among peers and/or during Module 3
1.3 apply and critique various leadership styles through leading physically active experiences in micro-teaching settings among peers, and to connect the knowledge to experiences outside of physical activity and beyond high school
1.4 identify and critique their own leadership styles and set goals and provide a rationale to maintain or modify current leadership styles

Module 2: Effective Leaders

2.1 investigate characteristics of effective leaders in history and effective leaders from their past and critique them
2.2 apply effective verbal and non-verbal communication skills while serving as leaders through physically active micro-teaching settings among peers and/or during Module 3
2.3 apply knowledge of group dynamics while serving as leaders through leading physically active experiences in micro-teaching settings among peers and/or during Module 3
2.4 demonstrate an understanding of the planning, scheduling, and organization required to lead effectively during micro-teaching settings and/or during Module 3

Module 3: Leading through Service

3.1 convey what service learning projects are, their benefits, and what service projects should not be
3.2 initiate a needs assessment for their leadership role within a group, and a needs assessment for the service learning project to be implemented
3.3 implement a service learning project in the community and continuously reflect on (and adjust as necessary) their leadership effectiveness throughout the project
3.4 demonstrate an understanding of the importance of inclusive language (related to such constructs as gender, sexuality, race, and ability) while serving as leaders
3.5 demonstrate an understanding of risk-management responsibilities when leading others
3.6 present a summary report of the service learning experience for future groups to learn from and build on
3.7 identify potential leadership opportunities beyond high school and determine how to explore such opportunities

* micro-teaching: 3 to 4 students in a group