

Career Development 10

Supplementary Resource

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Prepared by the Department of Education and Early Childhood Development

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DRAFT Fall 2020: Career Development 10

Career Development 10 is designed to introduce learners to the career planning process. This course is intended to be experiential in nature with outcomes that can be delivered through an integrated inquiry and project-based approach. The design of the renewed curricula provides opportunities for all learners to engage in the process of career development and in developing the competencies and skills necessary to successfully engage in a wide range of education and career pathways.

The Career Development 10 renewed curricula allows for teachers to use their professional judgment in determining learning experiences in relation to the indicators and outcomes that will be most responsive to their learners' needs. It is important to identify opportunities for skill development and learning associated with skills (skill based focus). When Career Development 10 is part of the Options and Opportunities program it is essential to do team building early in the semester and in person with the students.

What learners need to understand at the conclusion of this course is that career goals and plans will change and be influenced by lived experiences. It is important that they recognize that career planning is recursive in nature and extends well beyond this course. As they document their learning from Career Development 10 in their portfolio, they are positioned to refine their goals and plans on an ongoing basis, enabling learners to use their portfolio in other courses and in their life.

CD 10

1. **Self Discovery**

Learners will **analyse** personal interests, aptitudes, and skills in relation to establishing education and career goals.

Learners will **reflect** on the role of self awareness in influencing education and career goals.

Learners will **investigate** strategies for developing and maintaining personal and workplace relationships.

2. **Exploring Education and Career Goals**

Learners will evaluate factors that can influence education and career goals.

Learners will analyse the skills and attitudes needed for success in post- secondary and the workplace.

Learners will create education and career goals.

3. **Financial Literacy**

Learners will analyse the impact of personal financial decisions.

Learners will analyse financial options for pursuing education and career goals.

4. **Workplace Readiness**

Learners will analyse processes and regulations that support a safe workplace.

Learners will reflect upon the development of workplace readiness skills.

Learners will create a portfolio that aligns learning with personal education and career goals.

Option 1 - school is in: business as usual	Option 2 - Blended delivery -Content is delivered in combination with virtual and in class delivery	Option 3 - virtual - More student/ teacher contact time with explicit instruction defined
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		- This will be further clarified once the learning continuity plan is shared
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Suggested Learning Experiences	1st Option (per usual)	2nd Option (blended)	3rd Option (virtual)	CD 10
Biography	✓	✓	✓	1, 2, 3
Build Online Connections	✓	✓	✓	1, 2, 3, 4
Case Studies	✓	✓	✓	1, 2, 3, 4
Community Connections	✓	✓	✓	1, 2, 3, 4
Construction Association of NS		✓	✓	4
Virtual Workplace Tours	✓	✓	✓	1, 2, 3, 4
Design Thinking Challenges		✓	✓	1, 2, 3, 4
Experiential Learning Projects Within the School or Community		✓		1, 2, 3, 4
Explore Career Nova Scotia	✓	✓	✓	1, 2, 3, 4
Framework for Job Skills Demo		✓	✓	1,2, 4
Government of Canada Essential Skills	✓	✓	✓	1, 2, 4
Job Bank of Canada	✓	✓	✓	1, 2, 3, 4
Junior Achievement	✓	✓	✓	1, 2, 3, 4
Let's Talk Careers	✓	✓	✓	1,2
Money and Youth	✓	✓	✓	3
myBlueprint (Portfolio/Learning Plan)	✓	✓	✓	1, 2, 3, 4
NSCDA	✓	✓	✓	1, 2, 4
NSCSA - CELT	✓	✓	✓	4
NS Works	✓	✓	✓	1, 2
Online Training Courses	✓	✓	✓	1, 2, 4
Peer Mentoring	✓	✓	✓	1, 2, 4
Post-Secondary	✓	✓	✓	1, 2
Project Based Learning	✓	✓		1, 2, 3, 4

Role Plays	✓	✓	✓	1, 2, 4
Skills Canada Essential Skills Resources	✓	✓	✓	1, 2, 4
Skills NS Virtual/ In person workshops	✓	✓	✓	1, 2, 3, 4
St. John Ambulance - getlifefmart.ca WHMIS	✓	✓	✓	4
The Learning Partnership virtual tours	✓	✓	✓	2, 3
Virtual Guest Speakers/Mentoring		✓	✓	1, 2, 3, 4
Virtual Tours/Field Trips (other)		✓	✓	1, 2,
Virtual Dollars with Sense (JA)		✓	✓	3
Virtual Service Learning			✓	1, 2
WCB Moodle	✓	✓	✓	4

Biography- research a career or person working in that career

Build Online Connections- reach out to Senior Centres, long term care facilities, those with developmental needs, etc. to explore needs, engagement opportunities (relationships).

Case Studies-based on local community issues. Students work on problem solving, how to handle a certain situation in a workplace setting, team building, career exploration, educational pathways, etc. Teachers can host an online meeting and discuss case studies together. This is also a great school to school activity. Discuss with YPC.

Community Connections-reach out to Industries and employers who could help with mentoring and resources. Reach out to local businesses and conduct a backyard career/opportunity mapping activity - *Jobs in Our own Communities*. Contact banks for virtual guest speakers for financial and career exploration.

Construction Safety of NS: [CELT](#) construction entry level training. Safety training for students

Design Thinking Challenges-looking for problems that exist due to COVID-19 and imagining and creating new solutions while exploring the impact on life, work and the future.

Experiential Learning Projects Within the School or Community- service based or volunteer opportunities created because of covid. Students are divided into small groups and follow the design thinking process. Complete a “needs assessment” of the school (Breakfast Program, Learning Centre Support, Youth/Health Centre, etc.) or community. Each group works together to meet one of the needs. (Collaboration, clear communication, selection of roles and other activities that require negotiation, clarification, summarization, etc.)

Explore Careers Nova Scotia - Nova Scotia based [Labour Market Information](#) for students to learn more about opportunities and career pathways in Nova Scotia.

Framework for Job Skills Demo:

Government of Canada 9 Essential Skills: The Government of Canada provides self-assessments for students to assess and engage in skill acquisition and development.

Job Bank of Canada - LMI and education and career pathways <https://www.jobbank.gc.ca/career-planning> and self assessment quizzes <https://www.jobbank.gc.ca/career-planning/quizzes>

Junior Achievement:

1. Dollars and Sense
2. [JA Mentor Videos](#): World of Choice
3. Virtual self-directed learning <https://resources.jacampus.org/course/index.php?categoryid=7&lang=en>

Let's Talk Careers: complete some or all of the modules. (Fits best in the first co-op placement of the school year.)

Money and Youth: [Money & Youth](#) Financial literacy resource put together by Canada Foundation for Economic Education.

myBlueprint: Career and education pathway online support available for all students to explore, engage and grow through portfolio development, interest inventories and a variety of other resources.

NSCDA/NS Works/Post-Secondary (NSCC)- career related webinars/ online courses appropriate for high school students. The NSCDA's goal is to strengthen the role of the career development profession within Nova Scotia by providing both guidance and the tools to ensure members can maximize their potential.

Online Training Courses-start with safety training and look for safety certifications and courses required for students to participate in co-op placement of interest.

Peer Mentoring:

Project Based Learning:

RBC: [Gain New Skills](#): Career exploration

Role Plays- between students that can be live supervised by the teacher or recorded and sent to the teacher (practicing interview skills, right to refuse unsafe work, etc.)

Skills Canada Essential Skills Resources

Skills NS Virtual/ In person workshops - students can engage in Essential Skills workshops, explore careers in trades and technology and learn what it takes to successfully enter the labour market

St. John Ambulance -<http://getlifefmart.ca/> - online WHMIS training

The Learning Partnership: Virtual tours of a variety of workplaces: [Virtual Reality Workplace Experiences](#)

Virtual Guest Speakers/Mentoring- community members or employers; CANS Construction Career Q & A, IBM, Skills NS, Trucking Association of NS, etc.

Virtual Tours/Field Trips- what is out there already? Connect with partners to set this up. (Record so can be shared multiple times.) Include post-secondary campus/program tours.

Worker's Compensation Board (WCB): [NSVS Moodle](#) Resources related to workplace health and safety outcomes.