

Career Development 11

Supplementary Resource

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Prepared by the Department of Education and Early Childhood Development

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DRAFT Fall 2020: Career Development 11

Career Development 11 is a half credit that helps build on learning from Career Development 10. Determining where learners are in their understanding of concepts and content before engaging in new learning will be important in order to ensure that all learners are having their needs met and are being provided supports as appropriate.

The goals of the program are for learners to further develop self awareness and align this with education and career goals. Learners must also understand the employer and employee rights and responsibilities, as well as expectations they will encounter in the workplace. Students also must understand strategies to support healthy and safe decisions in the workplace.

The continuation of portfolio development is an essential part of the course. When supporting learners in the development of portfolios, it is essential that process, the journey of learning, is more the focus than the development of a final product. Portfolios are intended to represent informed cumulative efforts and learning over time. The creation of a portfolio must be purposeful and intentional. This requires a clear understanding of the role of reflective practice in the portfolio development process. Reflective practice is the ability to reflect on or think about what you do (action), why you have done it, and what you can learn from it. It is through reflection that learners will become thoughtful managers of their own learning. The portfolio also provides teachers with the opportunity to offer meaningful timely feedback on student growth and be an active participant in the student learning process.

CD 11

Module 1: Career Awareness

- 1.1 clarify and define their life and work goals through further analysis of self-assessment data
- 1.2 independently develop a long-term plan by evaluating the relevance of their career and life decisions and by using additional career information
- 1.3 apply the knowledge and skills needed to seek and obtain career-related work
- 1.4 apply the knowledge and skills needed to manage the transition to a range of post-secondary destinations

Module 2: Work Cultures

- 2.1 demonstrate an understanding of human rights issues in the workplace
- 2.2 investigate employee and employer rights and responsibilities
- 2.3 investigate the roles of unions and other professional organizations
- 2.4 demonstrate an awareness of the issues and resources related to a mental health and workplace balance
- 2.5 make decisions that reflect an understanding of workplace ethics, norms, and values

Module 3: Financial Management

- 3.1 make life and work decisions that reflect financial realities
- 3.2 access and use resources related to financial management and planning

Module 4: LifeWork Portfolio

- 4.1 update and maintain a LifeWork Portfolio
- 4.2 include artifacts (like an anticipated career plan) to demonstrate their growth in knowledge and skills
- 4.3 include items that illustrate their employability

Option 1 - school is in: <ul style="list-style-type: none"> business as usual 	Option 2 - Blended delivery <ul style="list-style-type: none"> Content is delivered in combination with virtual and in class delivery 	Option 3 - virtual <ul style="list-style-type: none"> More student/ teacher contact time with explicit instruction defined This will be further clarified once the learning continuity plan is shared
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Suggested Learning Experiences	1st Option (per usual)	2nd Option (blended)	3rd Option (virtual)	CD 11
Biography	✓	✓	✓	1, 2
Build Online Connections	✓	✓	✓	1, 2
Case Studies	✓	✓	✓	1, 2, 3
CMHA Nova Scotia Division	✓	✓	✓	2
Community Connections	✓	✓	✓	1, 2
Construction Association of NS		✓	✓	1, 2
Design Thinking Challenges	✓	✓	✓	1, 2, 3, 4
Design Your Future	✓	✓	✓	1, 2, 3, 4
Employment Rights	✓	✓	✓	1, 2, 3, 4
Experiential Learning Projects Within the School or Community		✓		1, 2, 3, 4
Explore Career Nova Scotia	✓	✓	✓	1, 3, 4
Framework for Job Skills Demo		✓	✓	1, 2, 4
Government of Canada Essential Skills	✓	✓	✓	1, 2, 4
Nova Scotia Human Rights Commission	✓	✓	✓	2
Job Bank of Canada	✓	✓	✓	1, 2, 3
Junior Achievement	✓	✓	✓	1, 2, 3, 4
Let's Talk Careers	✓	✓	✓	1
Maritime Made	✓	✓	✓	1
Money and Youth	✓	✓	✓	3

myBlueprint (Portfolio/Learning Plan)	✓	✓	✓	1, 3, 4
NSCDA	✓	✓	✓	1, 2, 4
NSCSA - CELT	✓	✓	✓	4
NS Works	✓	✓	✓	1, 2, 4
Online Training Courses	✓	✓	✓	1, 2, 4
Post-Secondary	✓	✓	✓	1
Project Based Learning	✓	✓		1, 2, 3, 4
Role Plays	✓	✓	✓	1, 2, 4
Skills Canada Essential Skills Resources	✓	✓	✓	1, 2, 4
Skills NS Virtual/ In person workshops	✓	✓	✓	1, 3, 4
St. John Ambulance - getlifessmart.ca WHMIS	✓	✓	✓	4
The Learning Partnership virtual tours	✓	✓	✓	1, 3
Virtual Guest Speakers/Mentoring		✓	✓	1, 2, 3, 4
Virtual Tours/Field Trips (other)	✓	✓	✓	1, 2,
Virtual Service Learning			✓	1, 2, 4
WCB Moodle	✓	✓	✓	2

Biography- research a career or person working in that career

Build Online Connections- reach out to Senior Centres, long term care facilities, those with developmental needs, etc. to explore needs, engagement opportunities (relationships).

Case Studies-based on local community issues. Students work on problem solving, how to handle a certain situation in a workplace setting, team building, career exploration, educational pathways, etc. Teachers can host an online meeting and discuss case studies together. This is also a great school to school activity. Discuss with YPC.

CMHA Nova Scotia Division - Resources related to mental health in the workplace

Community Connections-reach out to Industries and employers who could help with mentoring and resources. Reach out to local businesses and conduct a backyard career/opportunity mapping activity - *Jobs in Our own Communities*. Contact banks for virtual guest speakers for financial and career exploration.

Construction Association of NS - [Video playlist](#) of Q&A's with employers in the construction industry.

Design Thinking Challenges-looking for problems that exist due to COVID-19 and imagining and creating new solutions while exploring the impact on life, work and the future.

Design your Future - A Nova Scotia designed e-resource to support the pre-placement and on-going instruction in co-operative education. This also can be used to meet a variety of outcomes in Options and Opportunities courses.

[Teacher access](#) and [Student Access](#)

[Employment Rights](#) - the Government of Nova Scotia resources for Employment rights and Labour Standards

Experiential Learning Projects Within the School or Community- service based or volunteer opportunities created because of covid. Students are divided into small groups and follow the design thinking process. Complete a “needs assessment” of the school (Breakfast Program, Learning Centre Support, Youth/Health Centre, etc.) or community. Each group works together to meet one of the needs. (Collaboration, clear communication, selection of roles and other activities that require negotiation, clarification, summarization, etc.)

Explore Careers Nova Scotia - Nova Scotia based [Labour Market Information](#) for students to learn more about opportunities and career pathways in Nova Scotia.

[Framework for Job Skills Demo](#):

[Government of Canada 9 Essential Skills](#): The Government of Canada provides self-assessments for students to assess and engage in skill acquisition and development.

Job Bank of Canada - LMI and education and career pathways <https://www.jobbank.gc.ca/career-planning> and self assessment quizzes <https://www.jobbank.gc.ca/career-planning/quizzes>

Nova Scotia Human Rights Commission:

1. [Online resources](#)
2. [Online certifications](#)

[Junior Achievement](#):

1. Dollars and Sense
2. [JA Mentor Videos](#): World of Choice
3. Virtual self-directed learning <https://resources.jacampus.org/course/index.php?categoryid=7&lang=en>

[Let's Talk Careers](#): complete some or all of the modules.

Money and Youth: [Money & Youth](#) Financial literacy resource put together by Canada Foundation for Economic Education.

[Maritime Made](#) video series of companies producing and manufacturing products in the Maritimes. 7-9 minute videos

[myBlueprint](#): Career and education pathway online support available for all students to explore, engage and grow through portfolio development, interest inventories and a variety of other resources.

NSCDA/NS Works/Post-Secondary (NSCC)- career related webinars/ online courses appropriate for high school students. The NSCDA's goal is to strengthen the role of the career development profession within Nova Scotia by providing both guidance and the tools to ensure members can maximize their potential.

Online Training Courses-start with safety training and look for safety certifications and courses required for students to participate in co-op placement of interest.

Project Based Learning - Using "big ideas" as a starting point, students learn through practical projects that require them to acquire a thorough understanding of the subject that they can apply in the real world.

RBC: [Gain New Skills](#): Career exploration

Role Plays- between students that can be live supervised by the teacher or recorded and sent to the teacher (practicing interview skills, right to refuse unsafe work, etc.)

[Skills Canada Essential Skills Resources](#)

Skills NS Virtual/ In person workshops - students can engage in Essential Skills workshops, explore careers in trades and technology and learn what it takes to successfully enter the labour market

The Learning Partnership: Virtual tours of a variety of workplaces: [Virtual Reality Workplace Experiences](#)

Virtual Guest Speakers/Mentoring- community members or employers; CANS Construction Career Q & A, IBM, Skills NS, Trucking Association of NS, etc.

Virtual Tours/Field Trips- what is out there already? Connect with partners to set this up. (Record so can be shared multiple times.) Include post-secondary campus/program tours.

Worker's Compensation Board (WCB): [NSVS Moodle](#) Resources related to workplace health and safety outcomes.