

- *Design Your Future: A Student's Guide to Careers* is a student E-Resource intended to support student learning throughout all stages of the co-operative education (co-op) course: the pre-placement instruction required before students enter a co-op placement, the ongoing instruction while students are on their placement and when students return to the classroom after the completion of their placement.
- *Design Your Future* is a supportive resource for all students exploring careers. Throughout the E-Resource, opportunities for learning are suggested that can be applied or reflected on in many courses.
- There are six modules found in the resource:
  - Module 1 - Education and Career Resources
  - Module 2 -Your Skills, Your Interests, Your Future
  - Module 3 - Workplace Safety, The Law, and You
  - Module 4 – Are You Ready for the Workplace?
  - Module 5 – Implementing Your Plan at Your Co-op Placement
  - Module 6 – Your Personal Growth in Your Co-op Placement
- *Design Your Future: Teaching Guide* offers an overview of the modules, concepts and the inquiry approach used in the resource. The guide also contains suggestions for teaching strategies, student learning, assessment, options for guiding student through reflective practices, and ongoing instruction while students are on their placements.
- *Design Your Future: A Student's Guide to Careers and Teaching Guide* can be accessed through the Provincial eLearning Commons.
- If you need assistance with use of this resource, contact your Youth Pathways Consultant.

For additional information please contact:

Kathy Greeno  
Acting Director  
Career Pathways  
Education Innovation, Programs and Services

Phone (902) 424 5284  
Email [Kathy.greeno@novascotia.ca](mailto:Kathy.greeno@novascotia.ca)