

Schools should use their Healthy Schools Grants to support the implementation of the [Physical Activity Framework](#) (PAF). For the 2023-2024 school year, schools will receive \$5000 + \$1/student. Schools can think strategically about how to spend the entire funding amount in a way that benefits the entire school community. There should be input from school community members and partners (e.g., students, parents, SACs, educators, etc.) There are many possibilities that support the ongoing implementation of the PAF.

Though this is not an exhaustive list, here are some ideas that align with the PAF. They are compiled from last year's survey and are all examples of what happened in Nova Scotian schools in 22/23.

<p><b>School Programs and Events</b></p> <ul style="list-style-type: none"> <li>• African dance workshop</li> <li>• Learning with Wskitqamu</li> <li>• Specialty classes and activities (e.g., Zumba, aerobics, Taekwondo, judo, ringette, pickleball)</li> <li>• Physical activity days (e.g., Winter Activity Day, Field Day, Fun Run)</li> <li>• School sports clubs (e.g., run club, basketball)</li> <li>• Queer physical activity club</li> <li>• Outdoors club</li> </ul>	<p><b>Materials/Equipment/Supplies</b></p> <ul style="list-style-type: none"> <li>• Playground/ recess equipment (e.g., chalk, sandbox toys)</li> <li>• Physically Active Learning Supplies</li> <li>• Adaptive PE Equipment</li> <li>• Indoor recess equipment</li> <li>• Outdoor equipment (e.g., sleds, cross-country skis, orienteering, disc golf, archery, canoes, snowshoes, bikes)</li> <li>• Sports equipment (e.g., lacrosse, pickleball, badminton)</li> <li>• PE and fitness equipment (e.g., Omnikin balls, soft play blocks, spikeball)</li> <li>• Outdoor clothing for students (i.e., sneakers, boots, rain suits)</li> </ul>
<p><b>Active Field Trips</b></p> <ul style="list-style-type: none"> <li>• Trails, parks, hiking</li> <li>• Ski trips</li> <li>• Beaches, surfing</li> <li>• Canoeing</li> <li>• Track &amp; Field facilities</li> <li>• Pools</li> <li>• Skating, sledge hockey, broom ball, curling</li> <li>• Bowling</li> </ul>	<p><b>Infrastructure/School Upgrades</b></p> <ul style="list-style-type: none"> <li>• Active hallways and floor decals</li> <li>• Gaga ball pit</li> <li>• Outdoor trail</li> <li>• School bike rack</li> <li>• Playground stencils</li> <li>• Pump track</li> <li>• Playground communications board</li> <li>• Flexible seating for classrooms</li> <li>• Outdoor fitness stations</li> </ul>

Please refrain from using this funding for school sports and other activities that only benefit a small number of students. Visit our [resource page](#) for more ideas, including additional funding opportunities.

In the Spring of 2024, each school will be sent a short survey which should take approximately 10 minutes to complete. The survey will be an opportunity to share how the Healthy School Grant funding supported implementation of the Physical Activity Framework. It will also ask how funding was spent.