

Plan for Instruction

Revised Time-to-Learn Strategy: Grades Primary–3

Instructional time includes

- scheduled time for the purpose of instruction, assessment (for and of learning), and other student activity as directed and supervised by the teacher
- an integrated model where outcomes from one or more subject areas (health, Information and Communication Technology, science, social studies, and visual arts) are addressed within language arts and/or mathematics for active and interactive learning
- block of time required for mathematics instruction

Students need time to learn, and teachers need time to teach. It is critical to use time efficiently in order to provide all students with every possible opportunity to be successful.

The following represents the **minimum instructional time*** as adjusted to reflect *Nova Scotia’s Action Plan for Education 2015: The 3Rs: Renew, Refocus, Rebuild*.

English / French Immersion	Primary–Grade 2	Grade 3
SUBJECT AREAS	BEGINNING SEPTEMBER 2015	BEGINNING SEPTEMBER 2015
Integrated Language arts	615 min./week (123 min./day)	790 min./week (158 min./day*; in French Immersion this includes 45–50 min. of English language arts)
Integrated Mathematics	375 min./week (75 min./day)	450 min./week (90 min./day)
Physical Education*	100 min./week (20 min./day)	150 min./week (30 min./day)
Physically Active Time*	50 min./week (10 min./day)	50 min./week (10 min./day)
Music	60 min./week	60 min./week
Subjects (Health, ICT, Science, Social Studies, Visual Arts)	Integrated with language arts and mathematics	Integrated with language arts and mathematics
		in French Immersion, integrated with French language arts and mathematics
Totals	240 minutes / 4 hours of teaching per day (may include 15-minute recess)	300 minutes / 5 hours of teaching per day (may include 15-minute recess)

*In the 2002, *Time to Learn Strategy: Instructional Time and Semestering*, the goal for physical education was set at 30 minutes per day. There is a recognition that boards are still working toward this goal; and therefore, for physical education only this represents the minimum desirable instructional time. Learning packages will be developed and provided to assist teachers in offering daily physically active time, which is general activity distinct from physical education classes and may be included in recess if criteria are met.